



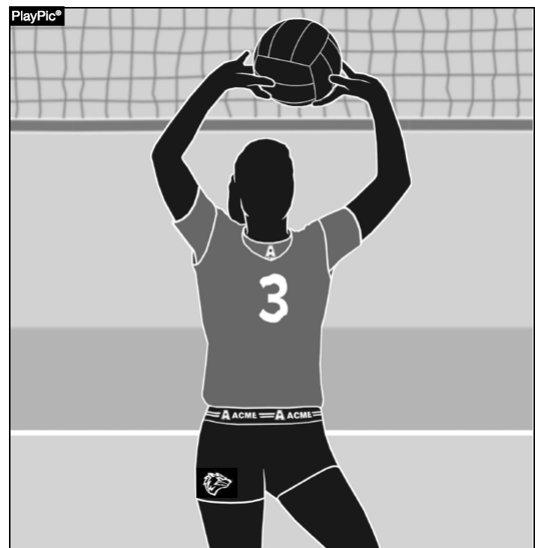
August 26, 2026

NFHS Volleyball Weekly Rule Interpretations

PLAYER EQUIPMENT & UNIFORMS

SITUATION 1: All players on Team A, including the liberos, are wearing black spandex. Three of the players are wearing black spandex that include a white eagle head on the right leg of the bottoms while the rest of the team is in solid black spandex.

RULING: Compliant. **COMMENT:** Teammates, excluding the liberos, must wear like-colored bottoms. Markings such as school logos, mascots, names, nicknames, etc. are permitted on the uniform bottom and do not have to be present on all teammate's uniform bottoms. (4-2-1a, 4-2-1e, 4-2-1i)



SITUATION 2: During warmups, the officials notice a player wearing shoes manufactured with embellishments that are flush to the shoe and do not present a safety concern. **RULING:** Legal.

COMMENT: Embellished or bedazzled shoes are permissible unless the embellishments present a safety concern or are likely to detach. If an official reasonably believes the decorations could endanger participants or interfere with play, the player should be required to correct the issue before participating. (4-1-5)

SITUATION 3: Team A arrives at the match site with glitter in their hair that is lacquered and not easily removed or transferrable. The officials remind the coach that glitter is not allowed on the hair or face and must be removed. **RULING:** Correct procedure. **COMMENT:** Regardless of

the security of the glitter in the hair or on the body, it is not allowed on any player. If the team cannot remove the glitter, a loss of rally/point shall be awarded to the opponent at the beginning of the match, and the state association shall be notified. (4-1-8; Rule 4 PENALTIES 5)

SITUATION 4: A player on Team A has hair tinsel woven into their hair. **RULING:** Legal.

COMMENT: Hair tinsel that is attached to the hair does not present a safety concern. If hair tinsel becomes loose and therefore presents a safety concern, the officials may use their judgment to require the player to correct or remove the tinsel. (4-1-5)

SITUATION 5: At the prematch conference, the coach for Team A verified the legality of Team A's players. During warm-up, however, it is discovered that a player is wearing one of the styles below. **RULING:** Refer to the key below the chart – Green arrows represent legal jewelry; Red arrows represent illegal jewelry. **COMMENT:** A player shall not wear illegal equipment during warm-up and should be directed, by way of a coach, to remove the illegal equipment. If a player attempts to enter the set or is discovered in the set, unnecessary delay (administrative yellow card for the first offense or administrative red card for subsequent offense in that set) is assessed to the team. Any refusal to comply results in an unsporting conduct. (4-1 NOTE 1, 4-2 PENALTIES 1 thru 4)

